

# Brian R. Freeman D.O.

## EDUCATION & TRAINING

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<b>Emergency Medicine Residency</b> Spectrum Health Lakeland, St. Joseph, MI Medical Education Track	Jul 2017 – present
<b>Doctor of Osteopathic Medicine</b> Des Moines University, Des Moines, IA	Aug 2013 – May 2017
<b>Bachelor of Arts, Biochemistry &amp; Molecular Biology</b> Hastings College, Hastings, NE	Aug 2009 – May 2012
University of Colorado, Boulder, CO	Aug 2008 – May 2009

## PROFESSIONAL CERTIFICATIONS

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Advanced Trauma Life Support (ATLS)	Nov 2017 – present
Neonatal Resuscitation Program Certification (NRP)	Aug 2017 – present
Pediatric Advanced Life Support (PALS)	Jun 2017 – present
Advanced Cardiac Life Support (ACLS)	May 2015 – present
Basic Life Support (BLS)	May 2015 – present
Disaster Health and Shelter Training (American Red Cross)	Sep 2014

## ACADEMIC & ADMINISTRATIVE APPOINTMENTS

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<b>Editor</b> <i>EM Resident Magazine</i> Emergency Medicine Residents' Association (EMRA)	Mar 2019 – present
<b>Clinical Assistant Professor</b> Department of Osteopathic Medical Specialties Michigan State University College of Osteopathic Medicine (MSUCOM)	Jul 2017 – present
<b>Legislative Affairs Representative</b> Student Government Association Des Moines University College of Osteopathic Medicine	Aug 2014 – May 2015
<b>Co-Facilitator</b> Diversity Health Series Kaiser Permanente – Des Moines University	Aug 2014 – May 2015
<b>Teaching Assistant</b> Des Moines University, Department of OMM	Aug 2014 – May 2015

## PROFESSIONAL MEMBERSHIPS

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Emergency Medicine Residents' Association	Aug 2016 – present
• Residency Program Representative	Mar 2019 – present
American College of Emergency Physicians	Aug 2016 – present

American College of Osteopathic Emergency Physicians  
Student Health Advisory Council  
Beta Beta Beta Biological Honor Society, Pi Omicron Chapter

Aug 2016 – present  
Aug 2010 – May 2012  
Aug 2009 – May 2012

## **COMMITTEE ASSIGNMENTS**

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Physician Resiliency Committee Spectrum Health Lakeland	Mar 2019 – present
Emergency Medicine Medical Student Education Committee Spectrum Health Lakeland	Dec 2018 – present
Emergency Medicine Curriculum Committee Spectrum Health Lakeland	Dec 2018 – present
Education Committee Emergency Medicine Residents' Association	Jul 2018 - present
Trauma Committee Spectrum Health Lakeland	Jul 2017 – present

## **ACADEMIC & COMMUNITY PRESENTATIONS**

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<b>EM Intern Bootcamp</b> Co-Director, Spectrum Health Lakeland	Jun 17 – Jun 30, 2019
<b>National Presentations</b> “Wellness Coaching for EM Residents” Poster Presentation Essentials of Emergency Medicine 2019 The Cosmopolitan Hotel, Las Vegas, Nevada	May 13, 2019
<b>Quality Improvement Presentations</b> “Implementing Wellness into Residency” Spectrum Health Lakeland, Saint Joseph, MI	May 29, 2019
“STI Prevention and Education in the Emergency Department” Spectrum Health Lakeland, Saint Joseph, MI	May 29, 2019
<b>Community Presentations</b> “Influenza and Healthy Sleeping Habits” Harbor Towers, Benton Harbor, MI	Dec 5, 2018
“Disparities in Healthcare” First Church of God, Benton Harbor, MI	Nov 13, 2017

## **VOLUNTEER EXPERIENCE**

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<b>Physician Volunteer</b> Red Bud Professional Motocross National Championships	Jul 6, 2019
<b>Physician Volunteer</b> Ironman 70.3 Steelhead, Benton Harbor, Michigan	Jun 30, 2019; Aug 13, 2017

## RESEARCH

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B. Freeman, A. Sanders, C. Trigger. *"Correlation of Vitamin D Supplementation in Emergency Medicine Residents and Seasonal Mood Symptoms."* Spectrum Health Lakeland. July 2018.

B. Freeman, J. Musso, G. Richardson, M. Voll, S. Zaidi. *"Diagnostic Yield of CTPA Studies for the Diagnosis of Pulmonary Embolism Based on PERC Score, Wells Score, D-dimer and Physician Experience."* Affinity Medical Center. January 2016.

## REFERENCES

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Michelino Mancini, DO, FACOEP  
Chief Academic Officer  
Program Director – Spectrum Health Lakeland Emergency Medicine Residency  
1234 Napier Ave, St. Joseph, MI 49085

Robert Nolan, DO  
Chief Medical Informatics Officer  
Director of Emergency Medicine – Spectrum Health Lakeland  
Director of Quality  
1234 Napier Ave, St. Joseph, MI 49085

Christopher Trigger, MD, FACEP, CAQSM  
Core Faculty – Spectrum Health Lakeland Emergency Medicine Residency  
1234 Napier Ave, St. Joseph, MI 49085

Additional references available upon request