

SHELBY PARKER, MD, MPH

Summary of Qualifications

- Current Emergency Medicine PGY-1 at the University of Rochester-Strong Memorial Hospital
- Current Vice Chair of EMRA Social EM Committee and SheMD Social Media Editor
- Former EMRA Medical Student Council International Regional Representative and EMRA Leadership Academy Graduate
- Seeking to continue service to EMRA members on the Board of Directors as Secretary-Editor in 2021

Education

GRADUATE MEDICAL EDUCATION

2021-PRESENT

University of Rochester-Strong Memorial Hospital | Rochester, NY
Department of Emergency Medicine
Resident Physician

MEDICAL EDUCATION

2017-2021

St. George's University School of Medicine | Grenada, West Indies
MD, *Magna Cum Laude*, January 2021

GRADUATE EDUCATION

2016-2019

St. George's University School of Medicine | Grenada, West Indies
MPH, *Dean's List*, July 2019

UNDERGRADUATE EDUCATION

2014-2016

Central New Mexico Community College | Albuquerque, NM
AAS EMS/Paramedicine, May 2016

UNDERGRADUATE EDUCATION

2009-2013

University of New Mexico | Albuquerque, NM
BS Biology, *Magna Cum Laude*, December 2013
BA Criminology, *Magna Cum Laude*, December 2013

Leadership Experience

VICE CHAIR

2021-PRESENT

EMRA Social Emergency Medicine Committee

INTERNATIONAL REGIONAL REPRESENTATIVE

2020-2021

EMRA Medical Student Council

ACADEMY GRADUATE

2020-2021

EMRA Leadership Academy

CURRICULUM COMMITTEE MS4 REPRESENTATIVE

2020-2021

St. George's University School of Medicine

PRESIDENT

2020-2021

Student Government Association – Clinical Chapter (SGA-C)
St. George’s University School of Medicine

- Founder & Chair, Wellness Committee

2019-2020

PRESIDENT

AUG-DEC 2018

Emergency Medicine Club (EMC)
St. George’s University School of Medicine

- Vice President
- Workshop Coordinator
- Workshop Instructor
 - Advanced Airway, IV/Phlebotomy, FAST US, Disaster Triage, EKG

Jan-May 2018
Aug-Dec 2017
2016-2018

SECRETARY

2017-2018

Public Health Student Association (PHSA)
St. George’s University School of Medicine

Work Experience

USMLE TUTOR

2020-PRESENT

Med School Tutors | New York, NY

LEARNING STRATEGIST

JAN 2021-MAY 2021

St. George’s University School of Medicine | Grenada, West Indies
Department of Educational Services

PARAMEDIC

2015-2019

Presbyterian Rust Medical Center | Rio Rancho, NM
Department of Emergency Medicine

PARAMEDIC

2015-2016

American Medical Response | Los Lunas, NM

CHIEF SCRIBE

2013-2015

Presbyterian Rust Medical Center | Rio Rancho, NM
Department of Emergency Medicine

RESEARCH & TEACHING ASSISTANT

2013-2014

University of New Mexico Hospital | Albuquerque, NM
Department of Emergency Medicine

RESEARCH ASSISTANT

2011-2012

University of New Mexico Hospital | Albuquerque, NM
Department of Anesthesiology & Critical Care

Volunteer Experience

COVID-19 EMERGENCY DEPARTMENT VOLUNTEER

APRIL 2020

Brookdale Hospital Medical Center | Brooklyn, NY

MEDICAL VOLUNTEER

NOV 2019

New York Road Runners | New York, NY
2019 New York City Marathon

BLS/ACLS/PALS/ITLS INSTRUCTOR

2017-2018

St. George's University School of Medicine | Grenada, West Indies

STUDENT AMBASSADOR & CAMPUS TOUR GUIDE

2017-2018

St. George's University School of Medicine | Grenada, West Indies

PEER LEARNING GROUP FACILITATOR

2017-2018

St. George's University School of Medicine | Grenada, West Indies
Department of Educational Services

MEDICAL STUDENT VOLUNTEER

2016-2018

St. George's University School of Medicine | Grenada, West Indies
"One Health, One Medicine" Community Health Fairs

Writing & Speaking

ORAL PRESENTATIONS

Wood, S. (September, 2020). "Differential and Diagnosis Case: 45 year-old female presenting with dyspnea." Presented at: EMRA Peer Education and Remote Learning (PEARL); Brooklyn, NY, USA.

Wood, S. (February, 2020). "Mild therapeutic hypothermia to improve the neurologic outcome after cardiac arrest." Presented at: The Brooklyn Hospital Center Emergency Medicine Interest Group Journal Club; Brooklyn, NY, USA.

NON-PEER REVIEWED PUBLICATIONS

Wood, S. (2021, March 26). "Answering Common EM Interview Questions as Your Most Authentic Self." EMRA Medical Student Newsletter. <https://www.emra.org/students/newsletter-articles/common-em-interview-questions>

Parker, S. (2021, March 16). "What You Really Need to Know About Being an International Medical Graduate." MedSchoolTutors Blog. <https://www.medschooltutors.com/blog/img-truths-myths>

Parker, S. (2020, December 2). "How to Get Involved in Emergency Medicine." MedSchoolTutors Blog. <https://www.medschooltutors.com/blog/how-to-get-involved-in-emergency-medicine>

Wood, S. (2020, July 29). "Social Media in Medicine: A Force for Good." EMRA Medical Student Newsletter. <https://www.emra.org/students/newsletter-articles/social-media-in-medicine>

Parker, S. (2020, September 23). "How to Navigate COVID-19 as an International Medical Graduate." MedSchoolTutors Blog. <https://www.medschooltutors.com/blog/imgs-and-covid-19>

EDITING

SheMD Social Media Editor

2021-present

USMLE-Rx ScholarRx Step 1 Qbank Editor & Author

2018-2019

Conference Activities

MEDICAL STUDENT AMBASSADOR

SAEM 2021 Academic Assembly Online	May 2021
FeminEM Idea Exchange 2020 (FIX20) Online	Oct 2020
ACEP 2019 Scientific Assembly Denver, CO	Oct 2019
FeminEM Idea Exchange 2019 (FIX19) New York, NY	Sept 2019
AAEM 2019 Scientific Assembly Las Vegas, NV	March 2019

EMRA SIM WARS VOLUNTEER

ACEP 2019 Scientific Assembly Denver, CO	Oct 2019
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EMRA MEDWAR VOLUNTEER

ACEP 2019 Scientific Assembly Denver, CO	Oct 2019
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Honors & Awards

SAEM EXCELLENCE IN EMERGENCY MEDICINE AWARD	MAY 2021
GOLD HUMANISM HONOR SOCIETY INDUCTEE	2020-2021
St. George's University School of Medicine	
WHITE COAT AWARD NOMINEE	DEC 2018
St. George's University School of Medicine	
IOTA EPSILON ALPHA (IEA) HONOR SOCIETY MEMBER	2018-2021
St. George's University School of Medicine	
EXCELLENT FACILITATOR AWARD	2017, 2018
St. George's University School of Medicine Department of Educational Services	

Certifications & Licensure

AMERICAN ACADEMY OF PEDIATRICS	
Neonatal Resuscitation Program (NRP)	2021-present
AMERICAN COLLEGE OF SURGEONS	
Advanced Trauma Life Support (ATLS)	2021-present
AMERICAN HEART ASSOCIATION	
Basic Life Support (BLS)	2012-present
Advanced Cardiac Life Support (ACLS)	2015-present
Pediatric Advanced Life Support (PALS)	2017-present
NATIONAL REGISTRY OF EMERGENCY MEDICAL TECHNICIANS	
EMT-Paramedic	2015-present

Professional Memberships

American Academy of Emergency Medicine (AAEM)	2018-present
American College of Emergency Physicians (ACEP)	2018-present
Emergency Medicine Residents Association (EMRA)	2018-present
FeminEM	2019-present
Society for Academic Emergency Medicine (SAEM)	2018-present

Hobbies & Interests

PROFESSIONAL

Pre-Hospital Medicine/EMS, Medical Education, Social Emergency Medicine & Public Health, Physician Wellness, Wilderness, Austere & Rural Medicine, Global Health & International Medicine

PROFESSIONAL

Circus arts (aerial silks, hammock, lyra/hoop, trapeze), weightlifting, Peloton, yoga, hiking, bouldering, scuba diving (Advanced PADI certified), music, theatre, travel, learning languages (Spanish, Arabic)