



The Voice of Emergency Physicians-in-Training & Future of our Specialty

## Run by Residents, for Residents

ACEP22 | San Francisco, CA | Representative Council Business Meeting | October 2, 2022



EMRA Representative Council
Business Meeting
October 2, 2022
San Francisco, CA



## **President's Report**

#### Dr. Angela Cai

We are excited to share with you EMRA's <u>annual report</u>. Here you'll find accomplishment across our three pillars of education, leadership, and advocacy.

I would like to highlight your Board of Directors' recent update to our strategic plan. Over the last 5 years EMRA has grown significantly on all fronts whether that is measured in terms of membership, revenue, or membership engagement and programming - from events to publications to funded leadership opportunities. In short, we've been trying to do it all. It's coming to a head now as our programming stretches our staff capacity as well as our budget, including a projected \$300K budget deficit this upcoming year. EMRA's consistent strength and core mission since 1974 lies in our leadership development and advocacy. While we want to continue doing a little bit of everything, we need to refocus on our leadership and advocacy core even if that means a little less fun stuff. I am so proud of the work our Board has already done to implement our strategic plan and make difficult decisions about how EMRA should spend its time and money over the next several years to ensure that EMRA remains the voice of emergency physicians-in-training.

It has been the honor of my career to serve as your EMRA President over the last year. Our future is in great hands with your next President, Dr. Jessica Adkins Murphy.



Medical Students | Residents | Fellows | Alumni
Oldest & Largest EM Resident Association

## Speaker's Update

#### Dr. Amanda Irish

I would like to take this moment of personal privilege to ask you to review this presentation as it is meant to communicate the important business from our recent Representative Council (RepCo) Meeting at ACEP22. Additionally, you will find updates regarding action items the Board of Directors (BOD) has been charged with carrying out at previous business meetings either by adopted resolution language or board referral.

One of my goals as speaker is to improve the frequency and transparency of communication with you, our members, regarding your policy concerns. This document is just one way doing that, but please look for updates across all EMRA communications including EM Resident, the What's Up Newsletter, EMRA.org, as well as social media platforms.

Finally, due to competing time constraints we were unable to publish the <u>RepCo Handbook</u> previously, therefore I would also ask (despite the fact that it is largely out of date) you take a few moments to review the welcome letter (p 4-5) in addition to the other EMRA Board of Directors' Reports (44-58) that follow the Annual Report (40-43) to really appreciate the spectrum of work the BOD does to serve you, the future of our speciality.

For questions, email speaker@emra.org



Medical Students | Residents | Fellows | Alumni

Oldest & Largest EM Resident Association

## **Liaison Reports**

#### ACEP President-elect, Dr. Aisha Terry

ACEP released its <u>strategic plan</u>. "We find ourselves at a crossroads. For more than 50 years, ACEP built the specialty of emergency medicine out of gusto and determination. That same doggedness is now required as our members face unprecedented challenges. This stakeholder-built strategic plan lays out the path forward for our journey's next leg. It is our commitment of unwavering support to you, the emergency physician, first, so that you can recommit yourselves to your patients and this specialty."

ACEP will study workforce projections on an ongoing basis and are currently repeating the original workforce study. Many things are dynamic within the market such as the level of attrition. Residents were 40% of attendees at Scientific Assembly 2022. Engagement is up and we look forward to the future for Emergency Medicine.

For details about our ongoing collaborations, email speaker@emra.org



Medical Students | Residents | Fellows | Alumni

Oldest & Largest EM Resident Association

## **Liaison Reports**

#### CORD Board of Directors, Dr. Boyd (Bo) Burns

Virtual interviews to continue this year. New <u>eSLOE</u>. <u>Preference signaling</u> is new this year and has also brought with it a 20% reduction in applications—unclear if related to market corrections due to <u>workforce reporting</u>, decreased over applying, decreased desirability of EM, or other reasons. CORD will continue to engage with follow-up research for the workforce group as additional publications have questioned the assumptions underlying the original projections. More <u>here</u>.

For details about our ongoing collaborations, email speaker@emra.org



Medical Students | Residents | Fellows | Alumni
Oldest & Largest EM Resident Association

## **Liaison Reports**

#### ABEM President, Dr. Samuel Keim

Oral board exams will remain virtual for the foreseeable future; triple cases have been replaced by the <u>structured interview</u>. The <u>Bridge</u> to the <u>Future of Emergency Medicine Academy</u> was highlighted, which provides underrepresented medical students the opportunity to participate in an in-person, all-expenses-paid, 2-week mentorship program at ABEM headquarters.

For details about our ongoing collaborations, email speaker@emra.org



Medical Students | Residents | Fellows | Alumni
Oldest & Largest EM Resident Association

# FIND YOUR PEOPLE

#### **EMRA Committees**













































Medical Students | Residents | Fellows | Alumni

**Oldest & Largest EM Resident Association** 



- F'22-01 Supporting Populations Experiencing Homelessness
- F'22-02 Mitigation of Competition for Procedures Between EM Resident Physicians
- F'22-03 Reproductive Rights and Equitable Access to Emergency Contraception in the Emergency Department
- F'22-04 Expanding Resident Experience to Rural and Critical Access Hospitals
- F'22-07 Resolution in Support of Improving Quality of Care for Patients Who Are Incarcerated
- F'22-08 Standardizing Away Rotation Applications





## **REFERRED**

• F'22-05 Raising the Legal Age to Purchase Firearms and Banning Firearms in Emergency Departments





## **NOT ADOPTED**

• F'22-06 Active Shooter Training in Emergency Medicine Clerkships and Residency Programs





#### F'22-01 Supporting Populations Experiencing Homelessness

#### **EMRA** supports:

- Utilization of a standardized, routine screening tool in the ED for identification of individuals at risk for homelessness.
- Residency programs providing guides and resources to residents, educating them about the barriers to care that exist with regards to housing, transportation, food, shelter and other preventative health measures specific to their geographic area of training and local population so that resident physicians can best advocate for their patients.
- The education of residents regarding the role of social work, registration, and nursing in the treatment of vulnerable populations patients and those experiencing homelessness.
- Continued education of residents regarding resources available to patients throughout their training to promote patient-centered care for vulnerable populations and effective collaboration between residents, social workers, nurses and other staff on matters of resource acquisition and allocation.





## F'22-02 Mitigation of Competition for Procedures Between EM Resident Physicians

EM resident physicians should be given priority, preference, and right of first refusal for medically necessary procedures over non-physician providers, to preserve the integrity of resident physician training.

EMRA will forward a similar resolution for consideration at the next American College of Emergency Physicians council meeting.

## F'22-03 Reproductive Rights and Equitable Access to Emergency Contraception in the Emergency Department

EMRA supports the accessibility of emergency contraception in emergency departments nationwide and will advocate for universal access to emergency contraception in the Emergency Department





## F'22-04 Expanding Resident Experience to Rural and Critical Access Hospitals

- EMRA recommends Emergency Medicine residency programs partner with rural and/or critical access hospitals in order to offer or incorporate rotations for residents at these centers as able.
- EMRA encourages residency programs to explore options to help fund or defray costs residents may incur from participating in rotations at rural or critical access hospitals.





#### F'22-07 Resolution in Support of Improving Quality of Care for Patients Who Are Incarcerated

#### **EMRA**:

- Supports implementation of training and education sessions for medical students and residents focused on optimizing care for patients who are legally confined including those that are detained, in police custody, or incarcerated.
- Supports the development and implementation of educational materials on evidence-based best practices for emergency care of patients who are legally confined, which aim to address the challenges related to proper history taking, physical examination, and privacy during an encounter. Specifically, support materials that recognize the health risks and safety issues surrounding the use of restraints, when restraints may be counterproductive to a patient's care, the importance of advocating for the removal of shackles when the situation allows, and interdisciplinary education on proper physical examination when restraints are not able to be safely removed.
- Encourages the development of curriculum that will allow students and residents to recognize and address their own biases towards patients who are legally confined.





#### F'22-08 Standardizing Away Rotation Applications

#### EMRA:

- Encourages transparency from programs regarding an overview of the application selection process, application system, and timeline for emergency medicine away rotations and further recommend timely public listing on their respective website and EMRA Match.
- Suggests schools explore application of a platform that is free or lowcost to students for the purpose of creating a more equitable system for applicants.
- Advocates that any required institutional fees be equal for students from all MD, DO, and IMG institutions, if the program has the ability to standardize or reduce costs.
- Advocates for the expansion of Emergency Medicine residency programs that will accept IMG students for away rotations in an effort to relieve some of the additional burden traditionally carried by IMG students.



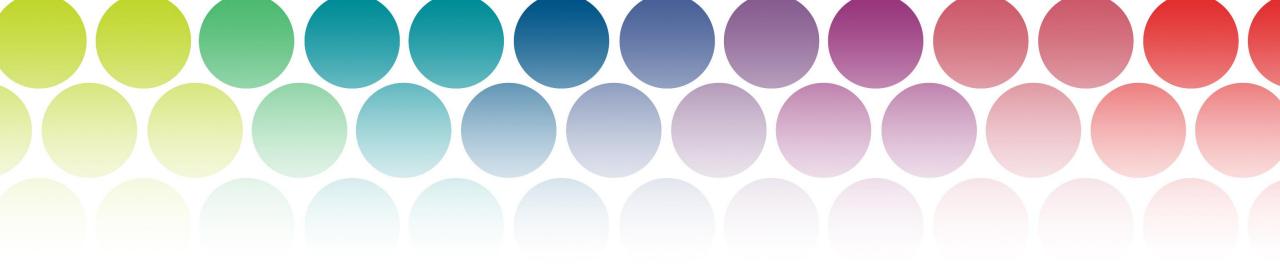


## REFERRED TO BOARD

## F'22-05 Raising the Legal Age to Purchase Firearms and Banning Firearms in Emergency Departments

 EMRA supports the banning of firearm possession, with the exception of security and law enforcement personnel, in all emergency departments across the United States.





# **ELECTIONS**





## 2022-2023 BOARD OF DIRECTORS

- President Jessica Adkins Murphy, MD
- Immediate Past-President Angela Cai, MD, MBA
- President-elect Blake Denley, MD
- Secretary/Editor-in-Chief: Thuy Nguyen, MD
- Speaker Amanda Irish, MD, MPH
- Vice Speaker Michaela Banks, MD, MBA
- EMRA Representative to ACEP Aaron R. Kuzel, DO, MBA
- Director of Leadership Development **Derek Martinez**, DO
- Director of Health Policy Kenneth Kim, MD
- Director of Education Erin Karl, MD
- Member at Large Kimberly Herard, MD
- Medical Student Council Chair Kelsey Morgan
- EMRA Representative to the AMA **Angela Wu**, MD





## **ACTION ITEM UPDATES**





## REFERRED ACTION ITEM UPDATES

#### S'22-10 Support of Resident and Physician Unionization

 An EMRA Unionization Task Force was created including representation from all EM resident organizations. They will collaborate on creation and distribution of unionization educational content and programming.

#### S'22-5 Emergency Medicine Resident LGBTQIA+ Health Education

The asks of this resolution are well-outlined in the <u>Model of EM</u>, which serves as the instructional guide for residency education. However, we recognize residents do not feel like education is not sufficient at their home programs. Residents should feel empowered to address this within their programs, as they should be addressing these issues in order to be ABEM-compliant. Within EMRA, our Diversity & Inclusion and Social EM committees are the best-suited to address these issues given their extensive experience. We are reaching out to these committees to help develop or disseminate educational resources. The EMRA board also recognizes the great work performed by other organizations on this topic that may be beneficial to broadly disseminate as our committees see fit. For example, SAEM has created a robust compilation of information on caring for vulnerable patients including LGBTQIA+.

For details email speaker@emra.org





## REFERRED ACTION ITEM UPDATES

#### S'21-8 Residency Application Process Improvement

- EMRA was asked to establish an accessible avenue for trainees to suggest improvements to the residency and fellowship application process and has identified the following individuals who can pass on suggestions
  - Medical students may contact <u>EMRA's Medical Student Council</u> (MSC) president
  - Residents/fellows may contact <u>EMRA's Director of Education</u>
  - To learn more about CORD's Application Process Improvement Committee (APIC) priorities visit <a href="here">here</a>

#### F'20-5 Policing and Emergency Medicine

 EMRA was asked to work with relevant stakeholders to provide documentation of the use and effects of medicine administration for the purpose of restraint or de-escalation in events involving law enforcement.
 Please refer to the <u>ACEP Task Force Report on Hyperactive Delirium with</u> Severe Agitation in Emergency Settings.





## REFERRED ACTION ITEM UPDATES

#### F'19-6 Social Work in the Emergency Department

EMRA was asked to work with the ACEP Social EM Section
to compile best practices related to educating residents
and medical students on ED care models that include
social workers/care coordinators and create resources to
assist members in implementing multidisciplinary care
models as part of their training programs. We are pleased
to announce that the finished product was accepted to
WestJEM! We will share this work once the manuscript
becomes available.

For details email speaker@emra.org





#### **Get Noticed**

Write for EM Resident Magazine

Author a Clinical Resource

Compete on a National Stage

Lead a Committee

Apply to the EMRA & ACEP Leadership Academy

#### **Get Involved**

Join a Committee

Find a Mentor

Write a Resolution

Serve as a Program Rep

Run for the Medical Student Council

Run for the EMRA Medical Student Council
Or EMRA Board of Directors

#### **Get Money**

Apply for Scholarships

Win Awards

Get Funding for Regional Meetings

Secure a Grant



Medical Students | Residents | Fellows | Alumni

**Oldest & Largest EM Resident Association** 



#### **Best Doctor**

On-shift Resources

**EM** Resident

EMRA\*Cast

Vlogs

Skills Clinics

**ACEP Scientific Assembly** 

**CORD Academic Assembly** 

#### **Best Leader**

**Board & Committee Service** 

EMRA & ACEP Leadership Academy

Health Policy Academy

Program Representative

Medical Student Council

## **Best Specialty**

Leadership & Advocacy
Conference

**EMRA Representative Council** 

ACGME & AMA Representation

ACEP Committee Appointments

AEROS & CORD Work Groups



Medical Students | Residents | Fellows | Alumni
Oldest & Largest EM Resident Association



#### **Board Prep**

PEER

Rosh Review

Hippo Education

#### **Education**

Annals of Emergency Medicine

Critical Decisions

EM:RAP

EB Medicine

Pepid

#### **Financial**

Laurel Road

**Doctors Without Quarters** 

Integrated WealthCare



Medical Students | Residents | Fellows | Alumni
Oldest & Largest EM Resident Association





# SEE YOU AT CORD 2023!

Las Vegas, NV March 21-24, 2023





# THANK YOU!

#### **EMRA**

4950 W. Royal Lane Irving, TX 75063

866.566.2492 Toll Free

972.550.0920 Voice

972.692.5995 Fax

emra@emra.org











