

Resources & Guidance for EM-Bound Medical Students

Dania Abu-Jubara, Arkansas College of Osteopathic Medicine | Class of 2021
EM Resident Vol. 47 #3 | June-July 2020 online

DATES & DEADLINES

- **May 1:** [USMLE Step 1, Step 2 CK, Step 3](#) and [COMLEX Level 1, Level 2 CE, Level 3](#) resumed at some Prometrics sites
- **May 27:** Access to [VSAS/VSLO](#) resumed
- **June 8:** [ERAS 2021 Season](#) begins
- **July 1:** [COMLEX Level 2 PE](#) testing plan to resume. [In May 2020, [USMLE Step 2 CS](#) was suspended for 12-18 months.]
- **Sept. 1:** Applicants may begin [submitting ERAS applications](#) to residency programs
- **Oct. 21:** Residency programs may begin [reviewing ERAS applications](#) & MSPEs released to residency programs
- **March 3:** [NRMP Rank order list certification](#) deadline
- **March 15-18:** [NRMP Match Week & SOAP](#) → Date is unchanged from previous years
- **May 2021: Graduation!**

STATEMENTS, RECOMMENDATIONS, & GUIDELINES FOR 2021 EM APPLICANTS

[Consensus Statement on the 2020-2021 Residency Application Process for U.S. Medical Students](#) [Planning Careers in Emergency Medicine In the Main Residency Match](#)

Summary of the guidelines for EM-bound students:

- **Complete 1 - and only 1 - EM rotation at an EM residency program.**
 - Students with access to home EM rotations should not seek away rotation.
 - Students who lack access to home EM rotations should seek 1 away rotation.
- **Only 1 EM clerkship SLOE is needed.**
 - Students are encouraged to request from their other letter writers to use the Non-EM SLOE formatted letter
 - CORD & CDEM are working on this! Tentative release date is July 1.
- **Accept 12 EM residency interviews ideally, with a max of 17 interviews.**
 - All EM residency interviews will be virtual.

[Recommendations from the Coalition for Physician Accountability Work Group](#)

Summary of the recommendations for the Class of 2021:

- **Recommendation 1: Away rotations for medical students are discouraged, except for:**
 - Learners who have a specialty interest and do not have access to a home rotation in their school's system.
 - Learners for whom an away rotation is required for graduation or accreditation requirements.
 - Individuals meeting these exceptions should limit the number of away rotations as much as possible.
 - Students should consider geographically proximate programs, when appropriate, to meet learning needs.
- **Recommendation 2: All programs commit to online interviews and virtual visits for all applicants.**
- **Recommendation 3: Delay opening of ERAS & release of MSPE**
- **Recommendation 4: All stakeholders provide transparency, regular communication, consistency, and equity.**

Creation of a SLOE for non-EM letter writers & Updated eSLOE format

(Tentative date for non-EM SLOE is July 1)

- What is a SLOE? → [Standardized Letters of Evaluation](#)
- CORD & CDEM [reasonable expectations for away rotations/SLOEs](#) for EM-bound students
- CORD created an e-SLOE committee, with plans to create a SLOE-like format for non-EM letter writers to use for this application cycle, to update the current e-SLOE format to reflect changes in light of the pandemic.
- For this reason, medical students should delay asking for narrative letters of recommendation from other specialties, so they can use the new templates.



ADDITIONAL GUIDANCE

- Virtual Interview Tips: [AAMC Tips](#) / [Dr. Bryan Carmody Winners & Losers](#)
- Away Rotations, Virtual Interviews, ERAS Timeline: [Summary/Final Report & Recs/Resources Compendium/FAQ](#)
- Medical Students and COVID-19: [Consensus on Education and Safety Considerations](#)
- Initial CORD ASC-EM Statement Regarding [SLOEs & Away Rotations for the 2020-2021 application cycle](#)

MEDICAL ORGANIZATIONS' COVID-RELATED UPDATES & RESOURCES

Emergency Medicine

[EMRA](#)
[CORD](#)
[ACEP](#)
[ACOEP](#)
[SAEM](#)
[AAEM/RSA](#)

Other Specialties

[Individual Specialties](#)
[Compiled List](#)

Allopathic & Osteopathic

AACOM	AAMC	ACGME
AMA	AOA	AOGME
COCA	ERAS	LCME
NBME	NBOME	NRMP
PROMETRIC	USMLE	VSLO

GENERAL VIRTUAL LEARNING RESOURCES

[AAMC iCollaborative](#) - [UME Resources](#)

- Collection of Clinical Teaching and Learning Experiences without Physical Patient Contact (*FREE*)

[AMA Medical education COVID-19 resource guide](#)

- Resources to assist residents and medical students during the coronavirus outbreak (*FREE and PAID*)

[AMA COVID-19 resources for medical educators](#)

- Crowd sourced list of resources to help medical educators in virtual/remote learning (*FREE and PAID*)

[AAMC MedEdPORTAL Virtual Learning Resources during COVID-19](#)

- Collection of peer-reviewed teaching resources including self-directed modules, interactive learning activities (*FREE*)

[NEJM Rotation Prep](#)

- Rotation guides in EM, Psych, OB, Neuro, and all IM and Peds specialties
- Free if you or your institution has a NEJM subscription, or \$59 student 1 year subscription

[ACP Online Learning Center](#)

- Library of online CME and MOC activities in all IM specialties, Neuro, Psych, Derm (*FREE TO MEMBERS*)

[Des Moines University](#)

- Online Rotations Curriculum of IM, FM, EM, OB/GYN, Peds, Psych, Surgery (*FREE*)

[Society of Teachers of Family Medicine](#)

- A list of Medical Education During the COVID-19 Pandemic (*FREE*)

[OnlineMedEd](#)

- Clinical Knowledge Videos in all IM specialties, Neuro, OB/GYN, Peds, Psych, Surgery, Biostats (*FREE*)

[Aquifer](#)

- 146 cases in IM, FM, Peds, Geriatrics, Radiology, Surgery (*FREE THROUGH JUNE*)

[AMA Health Systems Science Learning Series](#)

- Modules for medical students to understand health care delivery (*FREE DURING COVID-19*)

[University of Colorado e-Learning Training](#)

- Modules on Behavioral health, Health IT, FAST, Oral health (*FREE*)

[MayaMD](#)

- Clinical reasoning platform for medical students (*FREE PHONE APP*)



EM ORGANIZATIONS' REMOTE FOAMed RESOURCES

[EM Resident](#)
[EMRA Student Advising Resources](#)
[EMRA On-Shift Resources](#)
[CORD Virtual Learning Resources](#)
[ALiEM Remote](#)
[AAEM/RSA](#)
[EMin5 Resources](#)
[EM Fundamentals](#)
[Emergency Medicine Cases Canada](#)
[EM Basic Podcast](#)
[FOAMcast Podcast](#)

[EMRA Match](#)
[EMRA Student-Resident Mentorship Program](#)
[EMRA & ACEP Educational Med Student Resources](#)
[ACEP eCME Education](#)
[AliEM EM Bound Newsletter](#)
[AAEM Online](#)
[FoEM Virtual FOEM](#)
[emDOCs](#)
[EM:RAP C3 Continuous Core Content](#)
[EM Clerkship Podcast NBME Shelf Review](#)
[Core EM Procedures, Podcast, Cases](#)

EMERGENCY MEDICINE VIRTUAL LEARNING RESOURCES

[Bridge to Emergency Medicine Curriculum - ALiEM \(FREE\)](#)

- 8-week curriculum to transition from senior medical student to EM intern

[CDEM Student Curriculum - M3 Curriculum / M4 Curriculum/ PedsEM Curriculum \(FREE\)](#)

- Three great curriculums created by CDEM for M3 & M4 students rotating through EM and Peds EM department

[EM Rotation - NEJM \(Free if you or your institution has a NEJM subscription, or \\$59 student 1 year subscription\)](#)

- Online rotation guide on EM

[EM Clerkship Curriculum - AccessEmergency Medicine \(\\$55 or Free with institution Access subscription\)](#)

- 4-week curriculum covers the core topics of the emergency medicine clerkship.

[EM course - NextGenU \(FREE\)](#)

- 4-week course

[EM Clerkship Virtual Simulation Experiences - Sidney Kimmel Medical College/Thomas Jefferson University \(FREE\)](#)

- Emergency Medicine clerkship with virtual and simulation-based opportunities (click "Download Resource")

[Evidence Based Medicine - Lewis Katz School of Medicine \(FREE\)](#)

- Evidence Based Medicine curriculum in the EM Clerkship (click "Download Resource")

[Pediatric Emergency Medicine - Children's National Hospital/GWU SMHS \(FREE\)](#)

- 4-week Pediatric EM curriculum (click "Download Resource")

[Asynchronous "Flexible" Elective - Keck School of Medicine of USC \(FREE\)](#)

- 4-week asynchronous learning elective for emergency medicine-bound senior medical students

[Global EM, The Practitioner's Guide to Global Health - Boston University edX \(FREE or \\$50 if certificate needed\)](#)

- 2 week course

ADVICE TO EM-BOUND MEDICAL STUDENTS DURING COVID

- EMRA Hangout - [COVID Implications on EM Away Rotations](#)
- EMRA Hangout - [COVID's Impact on EM Residency Applications](#)
- EMRA Hangout - [COVID's Impact for Osteopathic and International Medical Students](#)
- [EMRA Hangout - ALL Webinars](#)
- ALiEM Podcast - [EM Match Advice: COVID-19 and the 2020-21 Residency Application Season](#)
- SAEM20 Virtual Webinar - [EMRA's Cocktails with Chairs, in collaboration with SAEM RAMS](#)
- EM Stud Podcast - [EP60. COVID-19 AND AWAY ROTATIONS](#)
- RAMS Webinar - [Maintaining Momentum: Resident and Medical Student Education and Research in the Era of COVID-19](#)



REMOTE SKILLS, PROCEDURES, & SIMULATION RESOURCES

Clinical Skills Training Modules & Videos (FREE)

- PE maneuvers, advanced procedures, & skills, collected by Matthew J. Christensen, CMS Student Dean

Database for Skill Demonstration Videos & Topics Pertaining to EM (FREE)

- EMRA Education Committee approved list of procedure videos showing proper and safe techniques

Virtual Learning Applications (FREE and PAID)

- Apps to enhance the med student curriculum, collected by Katelynn Baska, EMRA MSC NE Coordinator

Ultrasound

[Society of POCUS](#) (FREE)

[ACP course](#) (Membership is free for students)

[123 Sonography](#) (FREE)

[LITFL Ultrasound Library](#) (FREE)

Telemedicine

[AMA quick guide to telemed in practice](#)

[STFM telemed resources](#)

[ACP guide for telemed incorporation](#)

ECG

[ECG courses](#) (comparison of 20 courses)

[LITFL ECG Library](#) (FREE)

[EKG Academy](#) (FREE)

Simulation

[Full Code - EM Simulator](#) (FREE)

[Simulab Curriculum Services](#) (FREE)

[Virtual Healthcare Experience](#) (FREE)

[MedSims](#) (FREE)

[SonoSupport Ultrasound](#) (\$9.99)

[Touch Surgery](#) - 200 simulations, 17 specialties (FREE)

[NEJM COVID-19](#) (FREE)

OTHER SPECIALTY VIRTUAL LEARNING RESOURCES

Anesthesiology - AccessAnesthesiology

- 4-week Anesthesiology Clerkship Modules
- \$55 or Free with institution Access subscription

COVID-19

- [Harvard Medical School Curriculum](#) for students
- [American Journal of EM Primer](#) for EM doctors

Dermatology - AAD (FREE)

- 2-week & 4-week Basic Dermatology Curriculum
- ([LearnDerm](#) - Free 5 interactive lessons)

Nephrology - NephSim (FREE)

- 2-week Nephrology Elective Course

Radiology - Benjamin Taragin, MD (FREE)

- 2-week Online Diagnostic Radiology curriculum

Community Health - University of Rochester (FREE)

- 4th year didactic and a community health project

Critical Care - NEJM (FREE)

- Online rotation guide on critical care

Infectious Disease - IDmodules (FREE)

- ID curriculum on core topics with 14 modules

OB/GYN - APGO

- 2-week Ob-Gyn Clerkship Remote Learning Plan
- Videos- Free, uWISE subscription for quizzes- \$69

Surgery - American College of Surgeons (FREE)

- Fundamentals of Surgery Curriculum



FINANCIAL ASSISTANCE

- [MS4 Expenses and Budgeting sheet](#)

- Sharing my template here! Virtual interviews will surely affect it.

- [IRS Coronavirus Tax Relief and Economic Impact Payments](#)

- **What is this?**

Due to the hardships presented by the coronavirus, [Stimulus Payments](#) are being issued by the IRS.

- **How much is the payment?**

Up to \$1,200 for individuals or \$2,400 for married couples

- **Eligibility: Non-Filers and Filers**

Non-Filers requirements:

- Have a Social Security Number
- Have not been claimed as a dependent on another person's 2019 tax return
- Have no income or have a 2019 gross income that is not more than \$12,200 (\$24,400 if married)

If you meet these requirements, [APPLY HERE.](#)

Checks will be sent via direct deposit in approximately 3 weeks after submission.

Filers requirements:

If you have already filed your 2018/2019 federal income tax return

- No further action is needed! You should have received/will receive the check soon.

If you are planning to file your 2019 Federal income tax return:

- Make sure you FILE & PAY your federal income taxes by July 15, electronically.
- You do not have to file any additional forms to qualify for the automatic Federal tax filing and payment relief. Unless there are other issues, you will likely be able to receive the check via direct deposit, as well. For more information, [click here.](#)

- **How can I check on the status of my check? [Click Get My Payment.](#)**

- [Coronavirus Aid, Relief, and Economic Security \(CARES\) Act](#)

- **What is this?**

It is a federal law that provides automatic suspension of payments on student loans owned by the federal government and sets the interest rate at 0% from March 13 to September 30.

- **What do I need to do to apply?**

Nothing. Your federal student loan servicer will suspend all interest & payments.

- [ED to MED - How the CARES Act Affects Health Professions Students and Graduates](#)
- [Coronavirus Resource Kit \(lists of regional resources and mutual aid efforts\)](#)
- [Emergency Financial Resources to help with COVID-19 hardships](#)
- [Funds for Coronavirus relief](#)



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WELLNESS RESOURCES

- [24/7 counseling services via phone, text, or chat \(free to ACEP/EMRA members\)](#)
- [Healthcare Providers Wellness Support](#)
- [CDC: Coping With Stress](#)
- [The DO: Maintaining your mental health during a pandemic](#)
- [Joy Initiative: Calm Through Chaos Webinar](#)
- [LIZ + MOLLIE: COVID-19 Tips for Working Remotely and Combating Stress](#)
- [Resources for Increased Stressors: Anxiety during COVID-19](#)
- [Dr. Sarika Persaud: COVID-19/At-Home Mental Health Resource Google Doc](#)

VOLUNTEER OPPORTUNITIES

- [7 Cups](#)
- [AAMC Collaborative Student Volunteer and Service Projects with Health Systems and Medical Schools](#)
- [AMA: How Medical students can keep learning as COVID-19 volunteers](#)
- [Catchafire](#)
- [COVID VOLUNTEERING - Support Tasks for Medical Students Google Doc](#)
- [Donate PPE](#)
- [GetUsPPE](#)
- [Hang Tough Foundation](#)
- [Harvard COVID Student Response](#)
- [MedSupplyDrive](#)
- [National Student Response Network \(NSRN\)](#)
- [Points of Light](#)
- [Public Health Coalition](#)
- [Red Cross Digital Volunteer](#)
- [Remote Area Medical COVID Testing](#)
- [Tutor Doctor](#)
- [UN Volunteers](#)
- [Volunteer Match](#)
- [While At Home](#)

