

Nishad Abdul Rahman, MD

TRAINING

St. John's Riverside Hospital **2019-2022**

Emergency Medicine Residency **Yonkers, NY**

ACGME accredited program with clinical sites at the following:

Andrus Pavilion: stroke center with 46,000 annual ED visits

Dobbs Ferry Hospital: 8,000 annual ED visits, limited resource hospital

Jacobi Medical Center: Level 1 Trauma Center with over 100,000 annual visits

Montefiore Medical Center: Tertiary academic medical center

Elmhurst Medical Center: Level 1 Trauma Center and Stroke Center

Sidney Kimmel Medical College at Thomas Jefferson University **2015-2019**

Doctor of Medicine (MD) **Philadelphia, PA**

Pennsylvania State University **2015-2017**

Premedical-Medical Sciences (BS) **State College, PA**

LEADERSHIP

EMRA / ACEP Resident Health Policy Elective in Washington, DC **2021**

Four week mini-fellowship with hands-on advocacy experience on Capitol Hill, combined with an advanced curriculum in health care access, financing, regulation, health care quality, disparities, public health protection, and critical fields of health care law.

EMRA Health Policy Academy Fellow **2020-2021**

Serve as a fellow in a year-long academy dedicated towards becoming a policy advocate in Emergency Medicine. Write resolutions for and help run the policy portion of the EMRA meetings at CORD and ACEP. Receive training in resolution writing and parliamentary procedure. Advocate about specific issues affecting Emergency Medicine.

New York ACEP Government Services **2019-present**

Advocate for high-quality emergency medicine and public health, communicate legislative and regulatory priorities to the pertinent parties, including policymakers, politicians, and fellow physicians, represent the state of New York at national ACEP meetings

EMRA and ACEP Leadership Academy Fellow **2020-2021**

Leadership/professional development program and virtual community for emerging leaders in emergency medicine. One-year progressive self-development experience including training on various leadership skills, development of communication, interaction with national and international leaders and thinkers, and completion of a capstone project.

EMRA*Cast Education Curriculum **2020-2021**

Advanced small group training in how to create and produce a podcast, led by leaders in the emergency podcasting community.

New York ACEP Councillor **2019**

Served as an ACEP Councillor at ACEP2019 in Denver, Colorado, expressed the concerns of constituents from the state of New York on the floor of the council meeting and in the reference committees, voted on resolutions and on Board Member elections

Emergency Medicine Policy Institute Research Summit **2019**

Work with thought leaders in emergency medicine policy to do a gap analysis of advocacy research, analyzing the most important issues in our specialty and the existing evidence

EMRA Representative Council Member **2019-present**

Represent the St. John's Riverside Emergency Medicine program at the EMRA Representative Council meeting, discuss issues relating to EM residency training and adopt policies affecting professional development, practice, patients or specialty, elect the EMRA Board. First author on three different resolutions concerning rural emergency medicine, funding for rural electives, and financial literacy that have been presented to and accepted by the Representative Council.

EMRA Restrictive Covenants and Non-Competes Task Force **2020**

Led a team of emergency medicine residents from multiple residencies in developing recommendations concerning restrictive covenants and non-competes in emergency physician contracts

EMRA Rural Emergency Medicine Task Force **2019**

Led a team of emergency medicine residents and medical students to develop recommendations concerning rural emergency medicine resident electives and funding for rural emergency medicine

Physician Executive Leadership **2015-2019**

A student-founded, student-run, and student-driven organization building healthcare knowledge and cultivating leadership skills. Recruits C-suite level healthcare executives and physician leaders as lecturers and mentors as part of multifaceted curriculum. Grew to over 500 members in five years. Recognized as AAMC Transformative Student Initiated Innovation in 2016 and as AMA Changing Medical Education Change Story in 2017. Received a \$25,000 unrestricted grant for program expansion from Thomas Jefferson University in both 2016 and 2017.

Board Member, Head of Marketing and Outreach

Provide medical students with a platform to build their healthcare knowledge and cultivate their leadership skills. Establish a foundation for students to enter their careers as a network of well-informed and capable physician leaders and innovators.

Philadelphia Human Rights Clinic **2016-2017**

Operations Director

Provides forensic evaluations for asylum seekers. Organize physicians and coordinate with lawyers to ensure that asylum seekers can obtain an objective medical affidavit for use in court. Created new collaboration with University of Pennsylvania and Drexel University students and physicians, helping to establish a truly Philadelphia-wide clinic.

PEER-REVIEWED PUBLICATIONS

Rahman, NA. (July 25, 2019). Review of What is health insurance (good) for? An examination of who gets it, who pays for it, and how to improve it. *Population Health Management*. <https://doi.org/10.1089/pop.2019.0096>

Rodriguez C, Rahman NA, London K, et al. (April 13, 2019). An Evaluation of Risk Attitudes and Risk Tolerance in Emergency Medicine Residents. *Cureus*, 11(4): e4451. <https://doi:10.7759/cureus.4451>

Papanagnou D, Buttar S, Rahman NA, Stanley T, Governatori N, Piela N . . . Hall, R. (2017). An Evaluation of Risk Attitudes and Risk Tolerance in Emergency Medicine Residents. *Western Journal of Emergency Medicine: Integrating Emergency Care with Population Health*, 18(5.1). Retrieved from <https://escholarship.org/uc/item/8r82m2k5>

Rahman, NA and Papanagnou, D. (2016). An Evaluation of Risk Attitudes and Risk Tolerance in Emergency Medicine Residents. *CWIC Posters*. 23. <https://jdc.jefferson.edu/cwicposters/23/>

NON-PEER-REVIEWED PUBLICATIONS

Rahman, NA. (August 25, 2020). Policy Playbook: HEROES and HEALS Act Coronavirus Stimulus Bill Comparison. *EmDocs.Net - Emergency Medicine Education*. <http://www.emdocs.net/policy-playbook-heroes-and-heals-act-coronavirus-stimulus-bill-comparison/>

Rahman, NA. (May 29, 2020). Scenes from the COVID Battlefield. *KevinMD.com: social media's leading physician voice*. <https://www.kevinmd.com/blog/2020/05/scenes-from-the-covid-battlefield.html>

Rahman, NA. (December 6, 2019). Repeat ED users after Medicaid expansion: More high-acuity visits, same total visits. *Policy Prescriptions*, 12(9).

Rahman, NA. (June 5, 2016). Wait times: The hidden costs. *The Diagnostic*. <http://www.physicianexecutiveleadership.com/the-diagnostic/2016/06/05/wait-times-the-hidden-costs>

PRESENTATIONS

Rahman, NA. NOT "Just a Headache": An Uncommon Etiology for a Common Presentation (Mollaret's Meningitis). Electronically presented at the 2020 American College of Emergency Physicians' Emergency Medicine Residents Association CaseCon. Dallas, Texas.

Rahman, NA. Down and Out: A Simple Case of Altered Mental Status. Electronically presented at the 2020 Council of Residency Directors in Emergency Medicine Clinical Pathologic Case Competition. March 9, 2020. New York City, New York.

Lang, MN, Buckler, D, Karp, DN, Rahman, NA, Zebrowski, A, Carr, BG. Hospital-Level Variability In Emergency Department Prevention Quality Indicators. Electronically presented at the 2019 Pennsylvania College of Emergency Physicians' Scientific Assembly William H. Spivey, MD, FACEP, Research Competition "Best of the Best". April 11, 2019. King of Prussia, Pennsylvania.

Panel Speaker

Feb 5, 2018

One of 6 leaders chosen to speak at "**Building Coalitions: Advocacy & Political Action as a Student**" panel event. Helped to teach students how to proactively engage in community action and create real change through collaboration and advocacy.

Knowledge@Wharton

Aug 24, 2016

Podcast speaker for a discussion on the future of healthcare alongside Dr. Stephen Klasko, President and CEO of Thomas Jefferson University and Jefferson Health.

<https://knowledge.wharton.upenn.edu/article/how-millennials-will-transform-health-care/>

Papanagnou D, Buttar S, Rahman NA, Stanley T, Governatori N, Piela N, . . . Hall R. "An Evaluation of Risk Attitudes and Risk Tolerance in Emergency Medicine Residents". Poster presented at the 2017 CORD Academic Assembly Advances in Education Research and Innovations Forum, April 28, 2017, Fort Lauderdale, Florida.

Rahman NA, Hulet S. "Analysis of percutaneous VX toxicity within the conscious, freely moving Göttingen minipig". Poster presented at the 2013 Science and Mathematics Academy Capstone Project Gallery Walk, May 21, 2013, Aberdeen, Maryland.

Rahman NA, Hulet S. "Analysis of percutaneous VX toxicity within the conscious, freely moving Göttingen minipig". Poster presented at the Francis Scott Key Chapter of the International Test & Evaluation Association, June 5, 2013, Aberdeen, Maryland.

MEMBERSHIPS

Emergency Medicine Residents' Association (EMRA)

American College of Emergency Physicians (ACEP)

Society for Academic Emergency Medicine (SAEM)

American Medical Association (AMA)

CERTIFICATIONS

Advanced Cardiac Life Support (ACLS) **Jun 25, 2019**

Advanced Trauma Life Support (ATLS) **Jul 20, 2019**

Pediatric Advanced Life Support (PALS) **Jul 9, 2019**