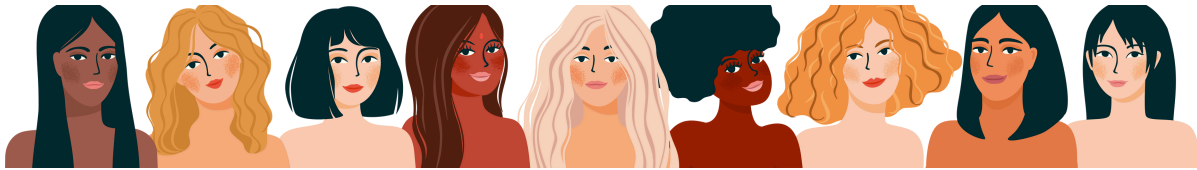


# EMRA WOMEN'S HEALTH COMMITTEE MONTHLY NEWSLETTER



## Welcome to Women's Health!

We are thrilled to welcome you to the very first edition of the Women's Health Committee Newsletter! As a newly formed committee, we are excited to begin this journey together and build a strong foundation for the work ahead.

Our mission is to advocate for and advance women's health within emergency medicine by fostering education, research, mentorship, and community. We have connected with several incredible organizations that share this mission, giving us the opportunity to bring residents unique ways to get involved, contribute, and lead change.

Most importantly, our committee would be nothing without you. We encourage you to reach out and share your personal goals, passions, and ideas so that we can ensure this committee reflects the interests and needs of its members.

Over the next year, our goals include:

- Advocating for increased training in women's health during residency.
- Improving residency training regarding care for sexual assault victims.
- Creating meaningful opportunities for collaboration and mentorship across all training levels.
- Highlighting current issues, research, and initiatives in women's health.

This is only the beginning. We are grateful for your support and enthusiasm as we launch this committee, and we look forward to growing together while advancing these important initiatives.

Enjoy this month's newsletter!

*Ashley & Miranda*

## NATIONALLY RECOGNIZED OBSERVANCES

Breast Cancer Awareness Month

Domestic Violence Awareness Month

Menopause Awareness Month

Pregnancy and Infant Loss Awareness Month

## WHAT PERCENTAGE OF WOMEN IN THE U.S. EXPERIENCE INTIMATE PARTNER VIOLENCE IN THEIR LIFETIME?

- A. 18%      B. 26%  
C. 41%      D. 51%

ANSWER ON NEXT PAGE

## RESOURCES FOR MAKING AN IMPACT



**National Breast Cancer Foundation (NBCF)** - NBCF offers a comprehensive collection of free resources, including guides on early detection, survivorship, and healthy living. These materials are valuable for healthcare professionals seeking to educate patients about breast health. Visit [www.nationalbreastcancer.org](http://www.nationalbreastcancer.org) to learn more.

**National Domestic Violence Awareness Month Toolkit** - The National Coalition Against Domestic Violence offers a comprehensive toolkit for DVAM, which includes social media materials, engagement guides, and information on how healthcare professionals can support survivors and raise awareness.

## Spotlight: Understanding SANE Programs

Sexual Assault Nurse Examiners (SANEs) are specially trained nurses who provide expert, trauma-informed care to patients who have experienced sexual assault. They address immediate medical needs, perform thorough forensic examinations, collect and preserve evidence, and connect patients with crisis counseling and follow-up resources. Their role ensures survivors receive compassionate care while maintaining the integrity of the legal process. For emergency medicine, this collaboration is essential—EDs are often the first point of contact for survivors, and SANE programs help guarantee that patients receive specialized, dignified, and comprehensive support. The International Association of Forensic Nurses (IAFN) is the global leader in SANE education and standards. They provide 40-hour SANE training programs, updated educational guidelines, and resources for both adult/adolescent and pediatric populations. By advocating for the development and expansion of SANE programs in hospitals, IAFN helps ensure that survivors everywhere have access to highly trained professionals.



For emergency physicians and residents, working alongside SANEs strengthens patient care, relieves some of the burden on ED staff, and reinforces our shared mission of delivering equitable, patient-centered care. This month's spotlight on SANE programs is particularly timely as October is Domestic Violence Awareness Month. Survivors of domestic violence often present to the emergency department with acute injuries, a history of ongoing trauma, or overlapping experiences of sexual assault. SANE teams, with their trauma-informed and evidence-based approach, are uniquely positioned to support these patients while connecting them to community advocacy and legal resources. For emergency medicine, this partnership underscores the critical role we play in identifying, supporting, and advocating for survivors of violence in all its forms.



October 22

### FemInEM

We are excited to announce our very first speaker event! On October 22nd at 7:00 PM, we will be joined by Dr. Dara Kass, representing FemInEM, an organization dedicated to gender equity, education, and advocacy in emergency medicine. This session will introduce residents to FemInEM's mission, resources, and opportunities to get involved. Don't miss the chance to learn how you can connect with and contribute to their important work! Please register for this event on our website to secure your spot!

### ANSWER: C. 41%

According to the Centers for Disease Control and Prevention (CDC), approximately 41% of women in the United States have experienced contact sexual violence, physical violence, or stalking by an intimate partner during their lifetime, with a significant portion reporting related impacts.

National Domestic Violence Hotline:  
1-800-799-7233

### MEET THE TEAM

#### CHAIR



Ashley Huynh DO  
PGY-1 FSU Sarasota Memorial

#### CHAIR ELECT



Miranda Kennedy  
MS3 KCU-Kansas City

Committee leadership applications close at the end of the month! If you are interested in a vice chair position, fill out an application online or contact [ahuynh@fsu.edu](mailto:ahuynh@fsu.edu) for more information.