

00:00 – 01:26

- Introductions – Program Directors: Dr. Nicole McCoin from Vanderbilt University Medical Center and Michael Pallaci from Adena Regional Medical Center

01:26 – 7:15

- Purpose of the EM rotation
  - Learn more about EM and practice settings
  - Strengthen Clinical Skills
  - Helps program decide if this student is a good fit for their program and learn more about the student to share with other programs
- Be confident and yourself, don't try to be someone you're not or else you and the program will not find the right fit!
- Rotations are great ways to generate a GOOD letter from directors that know each other, which will really benefit your chances of matching into the right program

7:15 – 12:47

- Prerotation Prep Work
  - Know the program! Website research and asking friends/alumni
    - Shows your interest in the program too
  - Know how you will be assessed (SLOE and who will write it)

12:47 - 22:00

- In depth description and example of SLOE

22:00 – 25:11

- How do you study for EM
  - EMRA “Reading for your Rotation” on the website
  - Flash cards/questions to reinforce knowledge
  - Personalize to what works for you!
  - For every rotation get a good grasp of 5-10 topics that are really critical for that specialty: EMTALA, Airway, Opioid Crisis etc.

25:11 – 29:55

- When You're There
  - Be confident – not overly confident
  - Introduce yourself and get to know the program, leadership, and staff - make sure you let them know where you're coming from
  - Work hard

29:55 – 36:17

- How to do well on your shift
  - Participate Clinically
    - Know your expectations and limitations – don't pick up too many patients

- Put patient care first
  - Nothing is “scut work” – look for ways to be helpful
- Don’t just be a reporter – be active in the decisions being made and come up with an assessment and plan, even if it’s wrong it shows ownership and gives them a chance to give feedback
  - Be aware of when is a good time to ask for feedback and in order to not be overbearing
- Follow through on your patients

#### 36:18 – 42:45

- Be on time and show up – 10 min early is not a bad thing and gives you a chance to organize for your shift
- Be memorable – in a good way
  - Be mindful of clothing choices you want to blend
- Be appropriately and genuinely enthusiastic – this is presumably what you want to do with your career
  - Don’t expect you to know everything, but do expect you to want to learn it
- Be the type of person YOU would want to work with – it gives them a chance to see who you are as a person outside of another student on the rotations.

#### 42:45 – 45:06

- Remember the rotation is an audition at ALL times – go out to dinner and get to know residents but be mindful of how much you “let your hair down”

#### 45:08 – end

- Questions
  - Actually requesting the SLOE is a process through ERAS could you explain how that works?
    - You have to request it from person who writes it and the formal request comes from ERAS, but you want to talk to the person who is writing it faster.
  - In terms of letters of recommendation – do you really just want SLOES? Is having 3 of those better than two SLOES and a letter of recommendation?
    - SLOES> Letter of rec from EM faculty with a program > Letter of rec from EM faculty without a program > everyone else.
    - They are still looked at and can definitely help you look good from someone who knows you well but are not weighted just not as heavily.
    - Letters outside of SLOES don’t force them to make a decision about you
  - End of August = first away rotation = first EM rotation... is it bad form to let them know it’s their first audition and will they be at a disadvantage?
    - Don’t apologize for your performance, before you have the chance to perform! It will affect the perception even if they love you. Just introduce yourself and do your homework just like you would any other rotation

- It will come up organically that this is your first rotation in conversation so don't set yourself up for failure.
- Your letters will have dates so they will see your evaluations at which time and be understanding that this is your first
- If I don't have a top choice for residency how do I choose where to rotate for auditions?
  - Try to do rotations in different settings – opportunity to learn more
- How do students without being annoying stay in contact with programs they rotated at in July when they are coming to interview in October?
  - There is no volume of communication that is the limit, communication is always a positive because it shows they have continued interest in the program/place... but make your communication specific to that program
  - If you don't hear from a place you like definitely extend communication them – but no program can offer an interview spot for everyone who rotates
  - Thank you notes/genuine/unique communication is key